**ADULT TENNIS GROUP COACHING PROGRAMME
 April – August 2025**

**14 WEEK COACHING COURSES STARTING Mon 28th April & FINISHING Sat 2nd Aug**

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| **LEVEL** | **DAY & TIME** | **MEMBER** | **NON-MEMBER** |
| Improver/Intermediate  | Mon 9:00-10:15AM | £119 | £147 |
| Beginners / Improvers | Mon 6:30-7:45PM | £119 | £147 |
| Intermediate/Advanced Singles & Doubles Tactics (Invite only) | Mon 6:30-7:45PM | £119 | £147 |
| Intermediate  | Mon 7:45-9:00PM | £119 | £147 |
| Improvers  | Tue 6:30-7:45PM | £119 | £147 |
| Advanced (Invite only) Singles & Doubles Tactics | Tue 7:45-9:00PM | £119 | £147 |
| Improvers  | Thu 6:30-7:45PM | £119 | £147 |
| Improvers/Intermediate  | Thu 7:45-9:00PM | £119 | £147 |
| Beginners / Improvers | Friday 5:15-6:15  | £105 | £133 |
| Intermediate/Advanced | Sat 8:30-9:45AM  | £119 | £147 |

***Please note you can join any of the above courses at any time/Please ask for availability.
£1 late joining fee will be applied per lesson left in the course if joining/booking after 5th May.***

**PAY & PLAY SESSIONS STARTING THURS 1st May AND FINISHING Sun 27th July.**

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| **LEVEL** | **DAY & TIME** | **MEMBER** | **NON-MEMBER** |
| Improver/Intermediate doubles Tactics (INVITE ONLY) | Thu 9:00-10:15AM | Sharing fees | NOT AVAILABLE  |
| Cardio Tennis! (all levels) **New!** | Fri 7:00-7:45AM | £8 | £10 |
| Improvers (ladies only) | Fri 9:00-10:15AM | £8 |  £10 |
| Beginner / Improver | Sunday 9:00-10:00AM | £8 | £10 |
| Improvers/Intermediate  | Sunday 10:00-11:00AM | £8 | £10 |

The above courses will cover all the following elements: effective strokes, technical/tactical situations, movement patterns and singles/doubles match play. Some courses have limited places available to ensure that there is always one coach and at least 2 courts for every 8 people that sign up.

**How to book on any of the above courses:**

1. Send an email or text to Miguel asking for availability.
2. Send completed application form.
3. Pay for the course’s fees before attending the first session.
4. ENJOY 😊

**Level Definition**

**Beginner/Improver**: for players new to the game or have fair consistency with their ground strokes, serves and volleys.

**Improver/Intermediate**: for players who have more consistent shots, technical/tactical awareness and doubles/singles match play.

**Intermediate/Advanced**: for players who are at club team level or top ladders

**APPLICATION DETAILS**

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| --- | --- | --- | --- | --- | --- |
| **Name** |  | **Date of Birth** |  | **Male [ ]** **Female [ ]**  |  **Member [ ]** **Non-member [ ]**  |
| **Course Name** |  | **Course Day** |  | **Course Time** |  |
| **Address****Postcode** |  |
| **Mobile** |  |
| **Email** |  |
| **Emergency Contact Details (Name & Number)** |  |
| **Medical Conditions** |  |
| **I enclose payment for (£)** |  |

**BANK DETAILS: ESPADA SPORTS 20-48-08 93508226**

**Leamington Lawn Tennis and Squash Club aims to:**

* Provide a safe environment for all people taking part in activities at the club
* Ensure that all those leading activities are licensed by the appropriate authorities

**Terms and Conditions**

1. The courses have min/max numbers and players will be contacted if places are unavailable.
2. The club reserves the right to cancel or adjust the length of any group session if the numbers are not sufficient for it to run.
3. Adult sessions may be cancelled in the case of inclement weather. Additional dates will be scheduled.
4. Payment for each course MUST be made prior to the start of the course. Courses book up quickly so fill in application form, with payment, to guarantee a place.
5. Pay & play is applied due to one off session or if the student withdraws before the end of the course at the following rate per session: 75mins session=£12-£14. In extenuating circumstances please contact Miguel.
6. Vouchers must be paid in full before start attending any of the course and £25 admin fee will be applied.
7. £1 late joining/booking fee will be applied per lesson left in the course.
8. Please note, sessions/courses are not transferable nor refundable.

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| **Signed** |  | **Print Name** |  |  |